



**POP Course**

6- hour introductory workshop

# Introduction to Complementary Health for the Older Person

## What will the course cover?

An introduction to

- Massage
- Reiki
- Mindfulness
- Nutrition
- Herbalism

**Morning tea  
included!**

## When is the next course?

Saturday 12<sup>th</sup> October  
9am – 4pm

## Your investment?

\$150-\$95.00pp

## Where?

Kalandra Education Group –  
10 Pioneer Street, Henderson,  
Auckland

## Who is it for?

All levels of knowledge and  
understanding welcome!

## Extra information

Professional development  
points may be available!  
Check with your registering  
body

## Reserve your place

<https://www.eventbrite.co.nz/e/introduction-to-complementary-health-tickets-65765356953>

OR Email:

[Henderson.office@Kalandra.ac.nz](mailto:Henderson.office@Kalandra.ac.nz)

Phone: 0800 525 2637

**Take home goodie  
bag included!**

