Kalandra
EXCELLENCE IN HEALTH STUDIES

KALANDRA TRAINED CARERS SET THE STANDARD

Health Care Support Training

Dementia Care
Why Study with Kalandra?

KALANDRA SETS THE STANDARD FOR HEALTH CARE SUPPORT TRAINING
Programme content is aligned to the latest international standards and students graduate with the knowledge and ability to contribute and provide the highest standard of care.

NZQA APPROVED
Kalandra Education Group is a New Zealand Qualification Authority registered and accredited private training establishment and all programmes are NZQA approved.

VALUES
Kalandra Education Group is built on a foundation of values that hold caring, respect and knowledge at its core.

PROGRAMMES ARE RESPONSIVE TO INDUSTRY DEMAND
– Employers have obligations to enable staff development and upskilling to ensure they maintain care standards and meet DHB contractual requirements.
– Health Care Assistants, either already employed in or wanting to move into the Dementia Care sector, may have a skills gap that limits their effectiveness and career progression. Until they undertake this specialised training, they will continue to rely on generic care, skills and knowledge.

ONLINE
Programmes are delivered online so there is no need to reorganise rosters and students can study without any time off work.

EXPERIENCED TUTORS
Students learn from tutors who have extensive Health and Dementia Care Assistance experience in the Aged Care sector.

PERSONALISED SUPPORT
– Students have a personalised learner plan and are treated as an individual by the Lecturers who will alter learning plans as necessary to achieve the best possible result for each student.
– Students receive regular (weekly) communication to ensure they are progressing appropriately, and any learner concerns can be discussed and addressed.

PROFESSIONAL DEVELOPMENT
Kalandra offers a suite of short courses and ongoing opportunities to upskill in specialist areas of interest, ensuring that Kalandra graduates continue to provide the highest level of care.
Dementia Care

PROGRAMME PURPOSE

Due to improvements in medical care and lifestyles the percentage of the population over 65 is trending upwards and is now the fastest growing population sector internationally. Between 2011 and 2016 there has been a 29% increase in the number of people with dementia (from 48,182 in 2011 to 62,287 in 2016) and is predicted to triple within the next 35 years.

Health Care Assistants work at the forefront of caring, attending to the physical, emotional, social, and cultural needs of a client and their family. Kalandra offers two Certificate programmes which train Health Care Assistants to provide the highest standard of care and support for clients, especially those with Dementia, in a home care, residential facility or support organisation environment.

- Certificate in Mental Health Support (Dementia Care) (Level 4)
- Certificate in Management of the Dementia Client in a Care Facility (Level 4 Training Scheme)

As a guide some of the issues covered are:

- **Understanding Early Stage Dementia:** Early warning signs of dementia. The impact of dementia on a person's actions and communication. The process of diagnosing dementia and accessing support services available.

- **Understanding Stages and Types of Dementia:** The three stages of dementia are Early, Moderate and Advanced. Dementia is distinguished from the normal aging process of the brain and includes Alzheimer’s, Vascular Dementia, Lewy Body Dementia, Frontal and Temporal Lobe Dementia.

- **Effects of Dementia on Daily Living:** Managing behaviours presented by people living with dementia and identifying triggers. Providing person-centred care to support a person with dementia at the different stages of dementia progression.

The primary purpose of these Health Care Support programmes is to meet the increased demand for dementia qualified Health Care Assistants who understand the progression and effects of Dementia, and can provide optimal care and attention which enhances the client’s daily living experience or health outcome, meets Kalandra values and sets the standard across the sector.
Certificate in Mental Health Support (Dementia Care) (Level 4)

PROGRAMME OVERVIEW

NZQF: Level 4  Total credits: 120
Total learning hours: 1200  Delivery length: 46 weeks (including 6 holiday weeks)

The programme is taught in seven modules. Graduates will be able to apply the following knowledge and skills in a health or wellbeing setting.

**MODULE 1 – Personal Growth**
- Demonstrate ethical practice and reflect on own ethical practice as a Mental Health and Addiction Support Worker.
- Apply self-reflection.
- Demonstrate leadership.

**MODULE 2 – Contributions to the Workplace**
- Contribute to a culture of service quality, professionalism and ethical practice.
- Contribute to quality and safety.

**MODULE 3 – Communication & Engagement**
- Communicate to support people’s health and wellbeing.
- Engage with tangata whenua and provide information on community support service.
- Describe communication, and correct use of techniques, in de-escalation in mental health and addiction services.

**MODULE 4 – Understanding Early Stage Dementia and Interactions**
- Provide person-centred care when supporting a person with early stage dementia.
- Describe interaction, support, and reporting for people with dementia.

**MODULE 5 – Managing Dementia**
- Describe dementia, support, and safe practice to support people living with dementia.
- Provide person-centred support to people living with dementia.
- Manage the effects of providing support for people living with dementia.
- Demonstrate knowledge of behaviour presented by people living with dementia.

**MODULE 6 – Relationships in Healthcare**
- Work collaboratively
- Describe relationships between practitioners, and roles and responsibilities in group processes in a health care context.
- Develop and maintain positive relationships to achieve outcomes benefitting clients.

**MODULE 7 – Cultural Identity & Related Issues**
- Demonstrate knowledge of cultural identities and culture-related issues
- Explain the impacts of colonisation on health and wellbeing for tangata whenua.
PROGRAMME & GRADUATE OUTCOMES

At the successful completion of the course, students will be awarded the New Zealand Certificate in Health and Wellbeing (Social and Community Services) (Level 4) with a strand in Mental Health and Addiction.

SKILLS AND KNOWLEDGE: Students will graduate with the following skills, knowledge and behaviour required of a Health Care Assistant working effectively in an Aged Care Health and Wellbeing setting:

**PERSON-CENTRED CARE**
Provide person-centred care, support, dignity, empathy and respect to the client, their family/whānau, and colleagues.

**EFFECTIVE CAPABILITY**
Maximise their effectiveness as a Health Care Assistant, provide safe and ethical practice and contribute to a constantly changing environment.

**KNOWLEDGE OF DEMENTIA CARE ISSUES**
Maintain awareness of issues affecting dementia care clients including their effects on the client and the risk of the client of vulnerability, abuse and neglect in order to enhance their support capability.

**COMMUNICATION AND SUPPORT**
Graduates will be able to acknowledge a person’s culture and previous experiences, communicate effectively and provide support in a mental health/addiction and/or dementia care setting.

**CULTURAL AWARENESS**
Graduates will be able to provide a service that respects their own and New Zealand’s cultural awareness, especially the effects of Māori as tangata whenua.

**LEADERSHIP**
Graduates will be able to exhibit personal leadership in the health and wellbeing service that demonstrates self-awareness and self-reflection.

**ETHICAL AND PROFESSIONAL CONDUCT**
Graduates will be able to demonstrate ethical, professional and safety orientated behaviour, contributing effectively to the health and wellbeing organisation.

**HEALTH SECTOR UNDERSTANDING**
Graduates will be able to understand the role and the implications that this role has on the wider health sector.

**EFFECTIVE SUPPORT AND CARE**
Graduates will be able to effectively support and nurture all people living and working in the dementia care environment.

**EMPLOYMENT:** Graduates can be employed in roles such as:
- Medical Practice Assistant.
- Homecare Support Worker / Caregiver.
- Healthcare Assistant – Aged Care and/or Dementia Care Unit.
- Healthcare Assistant – Primary and Acute Care, Therapeutic Programme Care.

**STUDY PROGRESSION:** For graduates who wish to pursue further study related to health and wellbeing, this qualification may lead on to the New Zealand Certificate in Public Health and Health Promotion (Level 5), New Zealand Diploma in Addiction Studies (Applied) (Level 6) or bachelor’s degrees in related health and wellbeing subject areas.
Certificate in Management of the Dementia Client in a Care Facility

PROGRAMME OVERVIEW

NZQF Level 4 Training Scheme
Total credits: 42
Total learning hours: 420
Delivery length: 21 weeks

This programme is taught in four courses. Graduates will be able to apply the following knowledge and skills in a health or wellbeing setting.

COURSE ONE – Early Dementia (10 credits)
- Demonstrate knowledge of interaction, supports and reporting for people with dementia.
- Provide person-centred care for people living with early stage dementia.

COURSE TWO – Dementia Management (20 credits)
- Describe dementia, support and safe practice to support people with dementia.
- Provide person-centred care for people living with dementia.
- Manage the effects of providing support for people living with dementia.
- Demonstrate knowledge of behaviour presented by people living with dementia.

COURSE THREE – Communication (6 credits)
- Describe communication and correct use of techniques in de-escalation in mental health and addiction services

COURSE FOUR – Abuse & Neglect (6 credits)
- Discuss responses to vulnerability and indicators of abuse in a dementia care setting

PROGRAMME & GRADUATE OUTCOMES

At the successful completion of the NZQF Level 4 (21 week) Training programme students will be awarded the Certificate in Management of the Dementia Client in a Care Facility (Level 4).

Students (who will already have some prior experience from working in a health and wellbeing setting) will graduate with the following skills, knowledge and behaviour required of a Health Care Assistant working effectively in an Aged Care Health and Wellbeing setting

PERSON-CENTRED CARE
Provide person-centred care and support for clients living with dementia.

BEHAVIOUR MANAGEMENT
Manage dementia clients and behaviours while providing safe person-centred care and support.

KNOWLEDGE OF DEMENTIA CARE ISSUES
Maintain awareness of issues affecting dementia clients including the effects of dementia on the client, vulnerability, abuse and neglect to enhance support capability.
How to Apply

APPLICATION REQUIREMENTS

CERTIFICATE IN MENTAL HEALTH SUPPORT (DEMENTIA CARE) (LEVEL 4)

AGE: A minimum of 18 years of age

NEW ZEALAND CITIZEN OR PERMANENT RESIDENT
– NCEA Level 1 Numeracy and Literacy or equivalent
– Healthcare sector experience as healthcare assistant / volunteer
– The learner holds the New Zealand Certificate in Health and Wellbeing (Level 3) or the New Zealand Certificate in Youth Work (Level 3) or the equivalent qualification.
– Clean criminal record (an initial check will be completed through the New Zealand Police to ensure the learner is a fit and proper person to be working with vulnerable people, should the learner not have one)
– Physically able to do the job
– Willingness to work with older person
– Ability to access the Internet, Intuto portal and Facebook, and to complete and submit assignments online.

STUDENTS ON A WORK VISA
– As per above, PLUS
– Employed as a Health Care Assistant in a New Zealand care facility or care organisation for the duration of their programme enrolment.
– Supporting Documentation:
  – Academic / Healthcare sector qualifications.
  – Work placement documents.
  – Endorsement of Enrolment from Employer.

CERTIFICATE IN MANAGEMENT OF THE DEMENTIA CLIENT IN A CARE FACILITY (LEVEL 4 TRAINING SCHEME)

AGE: A minimum of 18 years of age

NEW ZEALAND CITIZEN OR PERMANENT RESIDENT
– Employed as a Level 4 Health Care Assistant in a New Zealand care facility or care organisation for the duration of their enrolment in this training scheme.
– Has been awarded a qualification at level 4 or higher on the NZQF, or equivalent.
– Provide evidence of being a fit and proper person (or this evidence is provided by their employer as part of their employment relationship).
– Endorsed by their employer (DHB or official contracting organisation) to undertake this training scheme OR provide an employment contract.
– Has access to the Internet and a device that will allow them to access the Intuto portal and write simple documents and complete assessments, usually, a word processor is sufficient.

STUDENTS ON A WORK VISA
– As per above, PLUS
– Employed as a Level 4 Health Care Assistant in a New Zealand care facility or care organisation for the duration of their enrolment in this training scheme. Note: the employer of the international student (an employee on a work visa, or equivalent) enrolling in this training scheme organises this training, requires the training and organises the funding for the training.

WHAT DO WE NEED
Individual enrolment forms, scholarship application form and proof of ID* (passport, drivers licence, birth certificate, 18+ / Kiwi Access card etc) to be sent to online@kalandra.ac.nz

* Work visa students would require both Passport and work visa as proof of ID
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