

INTERNATIONAL PROGRAMMES

2026
COURSE CATALOGUE



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0800 KALANDRA

INTRODUCTION

Vision:

To inspire excellence and foster growth in education and training that empowers caring and person-centred care

Mission:

At Kalandra we nurture caring hearts and skilled hands through innovative, culturally attuned training – making a real difference in the lives of those who need it most

Kalandra Education Group is a unique private training organisation focussing on healthcare. It comes from soul, with heart, from an ethos of family, respect, and love, sharing a commitment to enhance caring anywhere in the world. It is our aim to become known worldwide as an organisation synonymous with transforming the care and opportunities for the vulnerable person.

Our role is to develop and share knowledge, skills, and resources, enabling others to improve the life of the vulnerable person. Kalandra focuses on areas of need and does so with integrity, showing respect for all, inspiring others to demonstrate excellence and innovation in their provision of healthcare and doing this in a truly collaborative manner.

Why Kalandra?

Transparent - no hidden fees! No admin fees if visas are not granted.

Clear policies regarding refunds, assessments and expectations.

History - long history in the provision of healthcare training as well as in the healthcare industry.



“Billie” the spirit behind Kalandra with founder and CE Dr Christine Clark

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NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING (LEVEL 4)

Certificate in Health and Wellbeing (Level 4)

Programme Overview:

NZQF: Level 4

Total credits: 120

Delivery length: 46 weeks (including 6 holiday weeks as set prior to the programme commencing)

Total learning hours: 1200

Directed learning: Face-to-Face (in class 20 hours per week)

Work placement: 400 hours required (non paid) arranged by Kalandra

Strand options: Dementia Care, Diversional Therapy OR Mental Health Support

Face to Face in New
Zealand.
NZQA Approved

Entry Criteria:

- Aged 18 years of age and over
- IELTS academic overall band score of 5.5 with no individual band lower than 5.0 **or recognized equivalent** (result must be no more than 2 years old and from one test)
- Healthcare sector qualifications / experience
- Clear criminal check
- Physically able to do the job
- Willingness to work with the older person
- Supporting Documentation:
 - Academic /Healthcare sector qualifications
 - Work placement documents

COST
\$16,250
+ INSURANCE
NZD



Programme Content:

Module 1: Relationships in Healthcare (24 credits)

Module 2: Personal Growth (18 credits)

Module 3: Contributions to the Workplace (15 credits)

Module 4: ELECTIVE

Module 5: ELECTIVE

Module 6: Communication and Engagement (17 credits)

Module 7: Cultural Identity and Related Issues (10 credits)

Modules 4 and 5 elective:

Dementia Care (36 credits)

Diversional Therapy (36 credits)

Mental Health Support (36 credits)

**Working as a Level
4 Healthcare
Assistant in New
Zealand may lead
to Permanent
Residence!**

Employment Pathways:

Dementia Care - Graduates can be employed in roles such as:

- Healthcare Assistant – Aged Care and/or Dementia Care Unit
- Healthcare Assistant - Primary and Acute Care, Therapeutic Programme Care
- Medical Practice Assistant
- Homecare Support Worker / Caregiver

Diversional Therapy - Graduates can be employed in roles such as:

- Diversional Therapist
- Activity Co-ordinator
- Healthcare Assistant
- Community Organisation offering activities for those who have limited capacity to participate in recreation
- Homecare Support Worker / Caregiver

Mental Health Support - Graduates can be employed in roles such as:

- Community / Mental Health / Addiction Support Assistant or Worker.
- Youth / Peer Support Assistant or Worker.
- Health Care / Home Care Support Assistant or Worker.

Education Pathways:

This qualification may lead on to the New Zealand Certificate in Public Health and Health Promotion (Level 5), New Zealand Diploma in Addiction Studies (Applied) (Level 6) or bachelor's degrees in related health and wellbeing subject areas.

This qualification may lead on to the New Zealand Certificate in Business (First Line Management) (Level 4), the New Zealand Diploma in Business (Level 5) and New Zealand Diploma in Business (Level 6) or bachelor's degrees in related leadership and management subject areas.

Earn while you learn!

Students may be eligible for a student visa with work rights. This allows them to work up to 20 hours per week (and full time in the school holidays) in healthcare.

NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING (LEVEL 4)

Certificate in Health and Wellbeing (Level 4) **HYBRID**

Programme Overview:

NZQA Approved

NZQF: Level 4

Total credits: 120

Delivery length: 50 weeks (including 2 holiday weeks as set prior to the programme commencing)

Theory (Part A): 37 weeks

Practical (Part B): 11 weeks

Total learning hours: 1200

Directed learning: 25 learning hours per week

Work placement: 400 hours required (non paid) arranged by Kalandra

Strand options: Dementia Care OR Palliative Care

Entry Criteria:

- Aged 18 years of age and over
- IELTS academic overall band score of 5.5 with no individual band lower than 5.0 or recognized equivalent (result no more than 2 years old and from one test)
- Healthcare sector qualifications / experience equivalent to Level 3
- Clear criminal check
- Physically able to do the job
- Willingness to work with the older person
- Access to the internet and a device
- Interview with academic staff



Delivery:

This programme is very unique. It is broken down into two distinct parts.

Part A: Theory (37 weeks)

- Undertaken in current location (country of origin)
- Online and supported
- Students can continue to work while they study
- 37 weeks
- 25 hours learning per week

Students MUST achieve Part A to gain entry to Part B

Part B: Practicum (11 weeks)

- Undertaken in New Zealand
- Weeks 1 & 2 are face to face with Kalandra lecturers on campus
- 9 weeks of arranged placement / unpaid internship at an appropriate facility
- Placement can be at various locations around New Zealand

Upon successful completion of both Part A and Part B - students will be awarded either

The New Zealand Certificate in Health and Wellbeing (Social and Community Services (Level 4) - Mental Health and Addition (Dementia Care strand)

OR

The New Zealand Certificate in Health and Wellbeing (Social and Community Services (Level 4) - Community Health Work (Palliative Care strand)

Visitor visa information

- We recommend - 6 months
- 11 weeks of practical
- Remainder is time to find employment and change to a work visa
- Requirement is \$1000 per month (for immigration NZ – as per immigration NZ website)
- We recommend you have a minimum of \$2000 per month for living in New Zealand

Kalandra cannot provide immigration advice but can refer students to an immigration advisor if assistance is required

Working as a Level 4 Healthcare Assistant in New Zealand may lead to Permanent Residence!

Programme Content:

Module 1: Relationships in Healthcare
Module 2: Personal Growth
Module 3: Contributions to the Workplace
Module 4: ELECTIVE
Module 5: ELECTIVE
Module 6: Communication and Engagement
Module 7: Cultural Identity and Related Issues

Modules 4 and 5 elective:
 Dementia Care
 OR
 Palliative Care

Employment Pathways:

Graduates can be employed in roles such as:

- Healthcare Assistant – Aged Care and/or Dementia Care Unit (dementia strand) Hospice (palliative care strand)
- Healthcare Assistant - Primary and Acute Care, Therapeutic Programme Care
- Medical Practice Assistant
- Homecare Support Worker / Caregiver

Education Pathways:

This qualification may lead on to the New Zealand Certificate in Public Health and Health Promotion (Level 5), New Zealand Diploma in Addiction Studies (Applied) (Level 6) or bachelor's degrees in related health and wellbeing subject areas.

Cost: INTERNATIONAL STUDENTS

Part A: Theory
\$5500 NZD

Part B: Practical
\$6500

Made up of:
 \$4500 student fees
 \$2000 placement

Additional expenses the student will need to pay for separately (relocation - should placement require it, insurance - medical insurance, accommodation and living costs)



Total:
\$12,000
NZD

CERTIFICATE IN COMPREHENSIVE CARE OF THE VULNERABLE PERSON

Programme Overview:

In response to the changing dynamics of learning, this certificate is online and learner led with a lecturer available for support as required.

Graduates of this certificate will gain transferable skills and knowledge related to basic physiological, safety and belongingness needs of persons in health & wellbeing settings. Graduates will have an understanding of their role, responsibilities and obligations and their duty of protection and care of the vulnerable person as well as knowledge of the practical skills required to care for the vulnerable person on a daily basis.

Delivery:

- Online and Learner Led
- Students must pass two written assessments and a number of short answer quizzes
- 5 Modules
 - Professionalism
 - Clinical skills
 - Person Centred Care
 - Care skills
 - Advanced Care
- Approximately 10 hours of learning

Cost:

\$300 NZD

Payment required
in full

**This programme is NOT
NZQA APPROVED!**

Certificate in Comprehensive Care of
the Vulnerable Person



Entry Criteria

- 18 years of age and over
- IELTS academic overall band score of 5.5 (no band lower than 5) or recognised equivalent
- Clear criminal check
- Physically able and willing to work with the vulnerable person
- Basic computer literacy

Earn while you learn!

Students are encouraged to continue with current employment. This Certificate is LEARNER LED.

Programme Content:

Module 1: Professionalism
Module 2: Clinical skills
Module 3: Person centered care
Module 4: Care skills
Module 5: Advanced care

PATHWAYS:

Entry to the Kalandra Level 4 Face to Face programme

Entry to the Kalandra Level 4 Hybrid programme

Cost:

**\$300 NZD
Payment
required in full**

ENROLMENT:

Send the following documents;

- Completed enrolment form
- Copy of ID – (passport preferred)
- English proficiency results of IELTS 5.5 overall or equivalent (or a signed waiver)

Once accepted, the student will be sent directions for payment.

CAMPUS

Campus



→ 13

→ 13 A

→ 14

→ 14 A

FILM NEGATIVE

FILM NEGATIVE

FILM NEGATIVE



→ 13

→ 13 A

→ 14

→ 14 A

FILM NEGATIVE

FILM NEGATIVE

FILM NEGATIVE



NEW ZEALAND DIPLOMA IN HEALTH AND WELLBEING (LEVEL 5)

Programme Overview:

NZQF: Level 5

Total credits: 120

Delivery length: 52 weeks (including 4 holiday weeks as set prior to the programme commencing)

Total learning hours: 1200

Directed learning: Face-to-Face (in class 20 hours per week)

Work placement: 400 hours required (non paid) arranged by Kalandra

Face to Face in New Zealand.
NZQA Approved

Diploma Options:

- Diploma in Diversional and Recreational Therapy
- Diploma in Mental Health Support
- Diploma in Dementia Care

Entry Criteria:

- Aged 18 years of age and over
- IELTS academic overall band score of 5.5 with no individual band lower than 5.0 **or recognized equivalent** (result must be no more than 2 years old and from one test)
- Evidence of achievement at an equivalent level to a qualification at Level 4 or above on the NZQF.
- Healthcare sector qualifications / experience
- Clear criminal check
- Physically able to do the job
- Willingness to work with the older person
- **An interview will be conducted**
- **Pre programme study may be required**

COST
\$18,250
+ INSURANCE
NZD



Diversional and Recreational Therapy:

- *Module 1:* Factors influencing Diversional and Recreational Therapy
- *Module 2:* Collaboration in Diversional and Recreational Therapy
- *Module 3:* Diversional and Recreational Therapy Integrated Care Planning
- *Module 4:* Application of Health and Wellbeing Models
- *Module 5:* Reflective practice and Professional Development
- *Module 6:* Professional Competency

Mental Health Support:

- Module 1: Factors influencing Mental Health Support
- Module 2: Collaboration in Mental Health Support
- Module 3: Mental Health Care Planning
- Module 4: Apply and analyse a range of Health and Wellbeing Models
- Module 5: Reflective practice and Professional Development
- Module 6: Professional Competency

Dementia Care:

- Module 1: Factors influencing Dementia Care
- Module 2: Collaboration in Dementia Care
- Module 3: Dementia Care Planning
- Module 4: Reflective practice and Professional Development
- Module 5: Application of Wellbeing Models
- Module 6: Professional Competency

Earn while you learn!

Students may be eligible for a student visa with work rights. This allows them to work up to 20 hours per week (and full time in the holidays).

Employment Pathways:

- Team Leader or supervisor in aged residential care
- Team leader or supervisor in home/community care
- Team leader in community clubs / foundations
- Team leader in private settings

Education Pathways:

This programme may lead to higher-level programmes including bachelor's degrees in related subjects, including nursing, physiotherapy, occupational health and allied health professions. Graduates may also be able to apply for cross-credit or advanced standing into Healthcare related bachelor programmes.

ENROLMENT PROCESS

Level 4 and 5 (Face to Face and Hybrid)

Send the following documents;

- Completed enrolment form
- Copy of ID (Passport/Birth Certificate/Marriage Certificate)
- Academic Transcripts
- Criminal Check
- IELTS (or equivalent) transcript / results / certificate

Once accepted, the student will be sent an 'Offer of Place', they will then pay their fees into Public Trust (information will be provided) and apply for their student visa.

CONTACT US



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Registrar



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Student Engagement and Operations Manager



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KALANDRA EDUCATION GROUP



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